

ROXBURY ROAD RACES CLUB, WEEKLY WAIVER

NAME: \_\_\_\_\_  
MAILING ADDRESS: \_\_\_\_\_  
EMAIL ADDRESS: \_\_\_\_\_  
PHONE NUMBER: \_\_\_\_\_  
EMERGENCY CONTACT: (name) \_\_\_\_\_  
(phone) \_\_\_\_\_

I, \_\_\_\_\_, know that running in and volunteering for organized group runs, social events, and races with this club are potentially hazardous activities, which could cause injury or death. I will not participate in any club organized events, group training runs or social events, unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform all activities associated with the club and am in good health, and I am properly trained. I agree to abide by all rules established by the club, including the right of any official to deny or suspend my participation for any reason whatsoever. I agree to adhere to the Roxbury Road Races Club Code of Conduct. I attest that I have read the rules of the club agree to abide by them.

I assume all risks associated with being a member of this club and participating in club activities which may include: falls and contact with other participants, the effects of the weather, including but not limited to heat, cold, humidity, precipitation, and/or ice, traffic and the conditions of the road, all such risks being known and appreciated by me.

I understand that bicycles, skateboards, baby joggers, roller skates or roller blades, animals, and personal music players are not advised to be used in club organized activities and if I choose to do so, it is against the club's recommendation. Having read this waiver and knowing these facts and in consideration of your accepting my membership, I, for myself and anyone entitled to act on my behalf, waive and release the Roxbury Road Races Club and its officers and directors, the city of Roxbury, Connecticut, and the Road Runners Club of America, all club sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation with the club, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all of the foregoing to use my photographs, motion pictures, recordings or any other record for any legitimate promotional purposes for the club.

I understand that membership and race fees support solely the administration of the Roxbury Road Races Club and do not provide for on-course safety enhancements. I agree to participate at my own risk.

\_\_\_\_\_ I acknowledge that roads are open to vehicle traffic during all Roxbury Road Race Club events and assume all responsibility for running safely with vehicle traffic. (Please initial.)

Signature: \_\_\_\_\_ Date: \_\_\_\_\_  
Parent's Signature if under 18 years: \_\_\_\_\_  
Date: \_\_\_\_\_